

LIVING WITH HEARTBURN IS NOT LIVING!

The Reflux Center at Brandon Regional Hospital can help you live again! Our new 20 minute procedure for the treatment of reflux requires an overnight stay and no incision. The result is no more medications and no more special diets.

We ask that you take a minute to answer the quality of life questions below. When you have returned the questionnaire, you will be contacted for an appointment with one of our physicians or you will be registered for a reflux seminar.

Please rate each question on a scale from NA to five (NA to 5), NA being no symptoms and five being the pain keeps you from performing daily activities.

NA - No symptoms

1 - Symptoms noticeable, but not bothersome

2 - Symptoms noticeable and bothersome, but not every day

3 - Symptoms bothersome every day

4 - Symptoms that affect daily activities

5 - Symptoms keep you from performing daily activities

How bad is your heartburn?

NA 1 2 3 4 5

Do you have heartburn when standing up?

NA 1 2 3 4 5

Do you have heartburn when lying down?

NA 1 2 3 4 5

Do you have heartburn after meals?

NA 1 2 3 4 5

Does heartburn change your diet?

NA 1 2 3 4 5

Does heartburn wake you up from sleep?

NA 1 2 3 4 5

Do you have difficulty swallowing?

NA 1 2 3 4 5

Do you have pain with swallowing?

NA 1 2 3 4 5

Do you have gassy or bloaty feelings?

NA 1 2 3 4 5

If you take medication, does it affect your daily life?

NA 1 2 3 4 5

Name: _____

Address: _____

Phone: _____

Email: _____

What is the best way to contact you?

Phone Email

What is the best time for Brandon Regional Hospital to contact you?

Morning Afternoon Evening

How did you hear about The Reflux Center at Brandon Regional Hospital?

Please return the questionnaire via one of the following methods:

▪ **Mail** – self-addressed, postage paid envelope provided

▪ **Fax** – (813) 571-6458

▪ **Email** – angela.foran@hcahealthcare.com

If you have any questions, please do not hesitate to call our program coordinator, Angie Foran, at 813-571-6458. Thank you for your time and we look forward to helping you **LIVE** your life.

Sincerely,

Gopal Grandhige, Medical Director

The Reflux Center